

# FAMILY CONNECTIONS

## Guide to teaching the pillar of trustworthiness at home

Be honest • Don't deceive, cheat, or steal • Be reliable — do what you say you'll do  
• Have the courage to do the right thing • Build a good reputation • Be loyal —  
stand by your family, friends, and country

Dear Parents and Families,

This month we are focusing on the Character Counts Pillar of Trustworthy. Our district believes that every child has the potential to be caring and we will do all that we can to promote this pillar, but we need your help! Below is a list of ideas to work through with your family!

### What can YOU DO at home?

- Watch for trustworthy behavior and show your appreciation.
- If you make a mistake, admit it and don't blame others for it.
- Set family goals. Have each member think about what their goal will be as well as their plan to execute this goal.
- Model the behavior through role playing. Have someone pretend to not be trustworthy and someone being trust worthy. (You can always drop a dollar on the floor and see if someone is trustworthy enough to give it back.
- Develop family rules and consequences when someone hasn't been honest.

