

Kindness Conversation Starters

Did anyone help you at school today?

If so, who and what did they help you with?

Did you help anyone at school today? If so, what did you do? If not, what is something that you could have done to help today?

What qualities do you want in a friend and why?

What are three things you can do to help a friend at school tomorrow?

Who did you thank today and why?

If you won \$500 and couldn't spend it on yourself or your family, how would you spend it?

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You see a new classmate sitting alone at lunch while everyone else is sitting together and talking. How do you think this classmate feels?

How do you know if someone is upset or sad?

What is more important to you and why- being popular, getting A's, or caring about others?

You see a classmate crying at recess. What do you do?

If you were a superhero, who would you help and why?

There is a student in your class that has teased you several times. One day, you see him/her by himself crying. What do you do and why?

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When someone does something nice for you, how does it make you feel? How do you think it makes them feel?

Who is the kindest person you know? What are some of his/her acts of kindness?

What is the kindest thing anyone has done for you? What did you do to thank them?

When was the last time you said sorry and what was it about?

What is your definition of kindness? Give three examples of things kids your age can do to be kind.

What makes you feel better and why: when someone does something nice for you or when you do something nice for someone else?

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In your opinion, who is the nicest person in your class and why?

What do you want your friends to think about you the most and why: a) you are really smart, b) you're a lot of fun to be around, or c) you're a great friend.

What did you do at school today that made someone smile?

What are three random acts of kindness that you can do at school?

What are three random acts of kindness you think we should do as a family?

A new family just moved into your neighborhood. What can you do to make them feel welcome?